

The Face

Facial treatments are corpus of various compositions of unique facial treatments, which are designed to pamper as well as enhance the beauty, texture and appearance of the skin. The best products have been carefully selected to suit your delicate and precious skin.



Pure and hypoallergenic. Olos Nature. Olos, which means entire or complete in Greek, is representative of the Holistic philosophy of this wide range of products. Body and soul, beauty and well-being are considered inseparable parts of a single whole.

Olos Natura draws its strength, energy and remarkable effectiveness from nature by using natural ingredients that are indispensable for skin balance, vitality and youth. Within the Olos Natura family, there is a collection of products for every skin type with a treatment for every skin need. All active ingredients are carefully selected, the products are tested and subjected to strict controls at each stage of their production. The scent of the botanical extracts contained in each formulation adds the pleasure of applying it and transforms the treatment itself into a sensory experience.

Puriderm Facial **1 hour** **2,400.-**
Specifically studied for impure, oily, or acne-prone skin. Thanks to the ability of fruit acids to restore equilibrium, the line regulates production of sebum, rids the skin of excessive oils and stimulates cellular renewal mechanisms.

Herbarium Anti-Wrinkle Facial **1 hour** **2,400.-**
The line uses rich formulas of bud derivatives that are active ingredients extracted from plant shoots at the start of leaf growth. It is rich in substances that stimulate skin functions, help prevent dryness and combat signs of aging.

Vitabiloba Renewed Energy Facial **1 hour** **2,400.-**
Studied to restore tone, vitality and radiance to skin that may be tired and fatigued due to a change in seasons or particularly stressful moments. The line contains ginseng, ginkgo biloba and guaraná to stimulate the cellular metabolism and combat the harmful effects of oxidation produced by external agents.

Vitamin Plus Facial**1 ½ hour****3,200.-**

For skin that is not so young that needs regenerating, stimulation and smoothing to counteract early aging and diminish visible signs of aging. The line accelerates cellular renewal and encourages a return to softer, younger and more vital skin.

The Body Massage & Treatment

Body Massage : Therapy has multi-level benefits. The first and foremost is the significant relief from stress the massage provides. In addition, it helps maintain flexibility, reduces the chance of injury, improves alertness and re-energizes the body and mind, and provides greater alertness and productivity.

Avatar Massage**1 ½ hour****2,600.-**

Our own charming blended of Aromatherapy Massage and Traditional Thai Massage suits for relaxing, rejuvenating and relief all tensions.

Aromatherapy Massage**1 hour****1,800.-**

These treatment uses a combination of massage oils specially blended from four different elements for your body to detoxify, heal and provide stress relief. This unique massage soothes the body, mind and spirit.

Sport Massage**1 hour****1,800.-**

This special massage is designed to relieve sore muscles and joint-pain after a heavy exercise or a long hectic day.

Jet-lag Massage**1 hour****1,800.-**

After or before a long flight, you need this re-energize massage to balance your body system.

Ancient Royal Thai Massage**1 ½ hour****1,500.-**

An ancient form of massage unique to Thailand, it uses deep tissue, pressure point and stretching techniques to reduce stress, relieve muscle and soreness. Recommended for those who prefer a firm massage.

Stress-Free Back & Shoulder Massage**1 hour****1,800.-**

After the long day, release your tension which cause you pain and heavy load on your neck and shoulder.

Hand & Foot Pampering Massage**1 hour****1,800.-**

Pamper your tired hands & feet in a soothing bath of selected kinds of Herbs, followed by a Special Hand & Foot Massage to stimulate reflex points affecting internal organs, glands and specific areas of affliction.

Rice Germ Oil Firming Body Treatment **1 hour** **2,900.-**

For your absolute well-being, this treatment perfumes the body with an irresistible fragrance that is delicate, soft, sweet and delicious. A special formula of Rice Derivatives masks the skin keeping it extremely supple and soft while the extremely pure Phyto-Extracts aid microcirculation.

Balsamic Vinegar Body Treatment **1 hour** **2,900.-**

This extremely pleasant and aromatic skincare treatment is made with the fresh fragrance of grapes. The rich and valuable ingredients found in Balsamic Vinegar are mixed with Glyco-Proteins, Grape Seed Extract and Olive Tree Leaves to cleanse and regenerate the skin in order to combat the harmful effects of free radicals and slow down the ageing process of the skin.

The Exotic Thai Herbal Treatments

The feeling of relaxation, serenity, beauty, healthy and comfort by our own Secret recipe of Exotic Purest Thai Herbs are all experiences received from these healthy and beautifying body treatments.

Secret Thai Herbal Facial **1 hour** **2,000.-**

Experience Thai secret beauty using the purest Thai Herbs which give you the beauty and healthy look.

Aromatic Green Tea Salt Glow Scrub **1 hour** **1,900.-**

Using pure and natural Aromatherapy Salt blended with Green Tea extract to remove the death cell, help the circulation of the blood and make your skin smoother and radiant glow.

Thai Traditional Herbal Scrub **1 hour** **1,900.-**

Selected Thai herbs to sooth body tension. This healing with traditional Thai herbal effects of detoxify on your skin and stimulate blood circulation.

Honey-Sesame Body Scrub **1 hour** **1,900.-**

A local Thai honey and sesame seed rub. This gentle moisturizing treatment exfoliates dead skin cells while providing hydration to make the skin fell soft and smooth. The miraculous properties of honey have been traditionally used by generations of Thai to assist in the natural healing process.

Coffee-Coconut Body Scrub **1 hour** **1,900.-**

This treatment use coffee bean and fresh coconut to clean and detoxify the skins, it helps to make your skin smoother and radiant glow.

All prices are subject to 10% service charge, 7% Government Tax

Hot Oil & Papaya Body Wrap **1 hour** **2,200.-**

Thai exotic full body wrap uses enzymes derived from papaya to eliminate dead skin cells leaving the skin glowing and smooth. A hydrating massage concludes the treatment Extremely effective, yet gentle enough for most skin types.

Cooling Cucumber & Tomato Wrap **1 hour** **2,200.-**

A rejuvenating body treatment using cucumber, tomato and essential oil, that will protect skin after the sun and it helps to moisturizing and refreshing the skin.

Purest Thai Herbal & Honey Body Wrap **1 hour** **2,200.-**

This treatment using specially blended of Turmeric, Aloe Vera, Plai, Bergamot and White Clay mixed with the Pure Forest Honey to applied on your skin, it helps to anti-bacteria, encourages blood circulation and leaves your skin smooth and healthy.

The Spa Package

Treatment combinations: Certain body treatments, when taken in combination, can provide greater results than taken separately or individually. So we have specially designed these Spa Packages for your best benefits and optimum spa experiences.

Experience of Well-being

Experience our Spa's Two most popular combined treatments – to prepare you for the treatment, your therapist will lead you to **the Aromatic Steam Room**. Followed by **Aromatic Green Tea Salt Glow Body Scrub** then combined your body, mind and spirit with **Aromatherapy Massage**.

2 ½ Hours **3,700.- Baht**

The Best of Avatar Spa

Centered your body, mind and spirit, the essence of true relaxation begins with rejuvenating **Aromatic Steam Room**, refresh your body by **any choice of Exotic Thai Purest Thai Herbal Body Scrub** then restore your mind and spirit with **Aromatic Floral Bath**, Become a "New You" with **the best 1 ½ Sport Massage** and **Vitamin Plus Facial**.

5 Hours **7,000.- Baht (*)**

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Siamese Charm

Begins the Charms with **Herbal Steam** , followed by the **Exotic Thai Herbal Scrub**, followed by a perfect beauty treatment of **The Purest Honey Body Wrap**. Release your tired and aching body with **1 ½ hour of Ancient Thai Massage**. Experienced the Thai Secret Beauty of **Secret Thai Herbal Facial**. Complete your charms with the soothing and relaxing **Floral Bath**.

5 Hours 6,850.- Baht (*)

Bon Voyage

It's time to go back to your hectic life, we will energize you with **Energizing Steam room and Energy Bath**. **Honey- Sesame Body Scrub** then wrap back the energy with **Hot-oil and Papaya Body Wrap**. Balance your energy before the long flight by **Jet-Lag Massage**. Finally fill up your energy with **Herbarium Facial**. **Now You are ready!**

4 1/2 hours 7,500.- Baht (*)

Perfect Holiday with Avatar Spa

Perfect your fantastic holiday in "The Land of Smile "by soothing and cooling your body system, starting with **Aromatic Steam-room, Coffee-Coconut Body Scrub**, followed by **Soothing Floral Bath** before the **Cooling Cucumber and Tomato Wrap**, then relax your body with our **Signature Avatar Massage** with the special Essential massage oil. Concluded your Perfect Holiday with **Vitabiloba Facial**.

5 Hours 8,200 Baht (*)

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Fallen in Love Again

Enjoy and treasure your love while having the best of our spa treatments together with your love one. Committed your souls together in the **Essential Aromatic Steam** and **Romantic Floral Bath**. Then bind your spirits together by any chose of the **Exotic Purest Thai Herbal Body Scrub**. Finally perfect your precious love with sensuous **Aromatherapy massage**.

3 Hours. 6,600.- Baht(*)

For Lovers

.....Well-being Treatments.....
The Thalmer Thalasso SPA Treatments

It all begins with the Sea.

The benefits of Sea Water and its vital elements. The sea and its derivatives have always been considered extraordinarily beneficial and the benefits of treatments inspired by thalasso therapy that make use of **sea water and its components – algae, plankton, mud – extremely rich in mineral salts, trace elements, proteins and sugars**, have been widely reconfirmed by the most advanced and innovative scientific research.

Specifically because there is an incredible analogy between the composition of seawater and our body.

Thalmer Thalasso SPA is a new conception of cosmetic treatment, which evokes the sea and the sensations it awakens being a primary element of life.

The emotions, power, enchantment and energy of the sea are the principles behind the **new philosophy of Thalmer Thalasso SPA.**

Incomparable fascination and moments of total pleasure in treatments programs inspired by Thalassotherapy.

For a **unique approach to beauty and wellness.**

By virtue of **extraordinarily functional substances** in their purest form.

-Thermal Thalasso SPA, The Single Treatments -

Offers new programs to personalize in which the treatments combine to provide well-being but also an extraordinarily effective response to blemishes of the figure.

Exfoliate

1 hour

2.700.-

To purify and renew the skin, making it more receptive to following treatment, leaving it **smooth, fresh and radiant.** Thanks to the action of **Marine Sea Salt** immersed in a precious mixture of **essential and vegetable oils.**

Detoxify

1 hour

2.700.-

An intense **detoxifying perspiring action** due to an occlusive action that dilates the pores of the skin, **Removing toxins and impurities,** while **Red Algae and Plankton** give moisturization and vigor.

Re-Mineralize**1 hour****2,700.-**

To bring to the skin all the **precious re-mineralizing** and **revitalizing substances**, which are found in **atomized Sea Water and Red Algae** to give it new energy and radiance.

Drain**1 hour****2,700.-**

To encourage the **removal of excess liquids and toxins**, counteract swelling and lighten the figure. With the help of **Marin Salt, algae from Brittany and a brown alga** of recent discovery, **Sphacelaria Scoparia**, that has draining and restructuring properties.

Reduce**1 hour****2,700.-**

To stimulate coetaneous cellular metabolism and facilitate **mobilization of Lipids**, stimulating the **breakdown of fatty deposits**. An action encouraged by the combined effect of **algae, including Laminaria Hyperborea, and Marin Salt**.

Oxygenate**1 hour****2,700.-**

To stimulate micro-circulation, **favor natural oxygenation**, restore vitality to the tissues, giving the skin new glow. Functional active ingredients: **algae including Fucus Vesiculosus, Plankton and Oxygen Replenisher**.

Hydrate**1 hour****2,700.-**

Brings intense and continuous mositurization to the tissues. To quench the skin in-depth and give it new freshness thanks to **Sea Water, Marine Plankton and a special alga, Clorella Vulgaris**, which succeeds in retaining water for a long time without de-hydrating.

Elasticize**1 hour****3,500.-**

To stimulate **the formation of collagen and elastin**, elastic fibers essential in restoring **compactness, suppleness and tone**. Thanks to the properties of **marine extracts from the Antarctic**.

- Thalmer Thalasso SPA, The Programs-

Fundamental actions to exalt beauty, essential for regaining a physique in shape. To combine in proper programs aimed at recovering a deep sense of well-being or resolving blemishes tied to loss of tone, cellulite and fat. Recommended for those searching for exceptional effectiveness and functionality together with recovery of balance.

Beauty of the Sea

25,700.-

These involve at least 10 twice-weekly sessions, to customize according to The need and extent of the problem, These Programs combine the Thalmer Thalasso SPA treatment, in particular, "detoxify" and "reduce" should each be repeated at least four times during the program.

- 1st. session **Exfoliating Body Treatment**
- 2nd. session **Detoxifying Body Treatment**
- 3rd. session **Detoxifying Body Treatment**
- 4th. session **Detoxifying Body Treatment**
- 5th. session **Re-mineralizing Body Treatment**
- 6th. session **Reducing Body Treatment**
- 7th. session **Re-mineralizing Body Treatment**
- 8th. session **Re-mineralizing Body Treatment**
- 9th. session **Elasticizing Body Treatment**
- 10th. session **Elasticizing Body Treatment**

Ocean of Beauty

24,300-

Intensive and complete treatment, ideal for **visibly reducing imperfection** caused by **fatty deposits and cellulite**. It **tones and firms skin tissues and slims the figure**.

- 1st. session **Exfoliating Body Treatment**
- 2nd. session **Detoxifying Body Treatment**
- 3rd. session **Re-mineralizing Body Treatment**
- 4th. session **Draining Body Treatment**
- 5th. session **Draining Body Treatment**
- 6th. session **Draining Body Treatment**
- 7th. session **Oxygenating and Stimulating Body Treatment**
- 8th. session **Oxygenating and Stimulating Body Treatment**
- 9th. session **Oxygenating and Stimulating Body Treatment**
- 10th. session **Optimim Hydration Body Treatment**

Harmony of the Sea

14,600.-

Intensive draining and "Sculpting" effect-actively stimulates skin microcirculation, eliminates excess liquids and makes the figure more shapely. The body instantly feels lighter.

- 1st session **Exfoliating Body Treatment**
- 2nd session **Detoxifying Body Treatment**
- 3rd session **Draining Body Treatment**
- 4th session **Detoxifying Body Treatment**
- 5th session **Detoxifying Body Treatment**
- 6th session **Draining Body Treatment**

All prices are subject to 10% service charge, 7% Government Tax

Ocean Energy

14,600.-

A powerful revitalizing and re-mineralizing effect. Increases skin oxygenation and diffuses special trace elements, leaving skin energized, more supple, moisturized and revitalized.

- 1st session **Exfoliating Body Treatment**
- 2nd session **Detoxifying Body Treatment**
- 3rd session **Draining Body Treatment**
- 4th session **Aromatic Steam**
- 5th session **Draining Body Treatment**
- 6th session **Draining Body Treatment**

Purifying Wave

7,300.-

Detoxifying, exfoliating and stabilizing. Removes dead skin cells and purifies skin deep down. Stimulates skin renewal and nourishes intensely. Skin is instantly silkier, fresher and more radiant.

- 1st session **Exfoliating Body Treatment**
- 2nd session **Draining Body Treatment**
- 3rd session **Remineralizing Body Treatment**

All prices are subject to 10% service charge, 7% Government Tax and are quoted in Thai Baht